

WaterTribe Marathon Required Equipment

This check list is required for the Ultra Marathon (UM).

X	Marathon Required Equipment
<input type="checkbox"/>	Coast Guard Approved PFD with Safety Knife and Whistle
<input type="checkbox"/>	Coast Guard Approved Signaling Kit for day and night signaling
<input type="checkbox"/>	<p>Coast Guard Approved Navigation Lights -- According to the Coast Guard -- A vessel under oars (paddles) may exhibit the same lights as a sailing vessel, but if she does not, she shall have at hand an electric torch (flashlight) or lighted lantern which shall be exhibited in sufficient time to prevent a collision. This rule also applies to sailing vessels less than 7 meters (22.97 feet) in length.</p> <p>You must have at least one handheld flashlight close at hand while paddling at night. I also suggest reflective tape at several points on your hull and PFD, and a white light strapped to the back of your PFD or the back deck of your kayak.</p> <p>DO NOT use a strobe light for normal night paddling. But it is OK to have a strobe light on your PFD that is only turned on for emergencies.</p>
<input type="checkbox"/>	Reserve Flotation and/or Bulkheads
<input type="checkbox"/>	Submersible, Handheld, VHF Radio
<input type="checkbox"/>	Cell Phone (for the 24-hour reporting rule)
<input type="checkbox"/>	Spare Paddle – at least one per boat, but one per person is suggested.
<input type="checkbox"/>	Bailer - If your bailer is electric, you must also have a manual bailer suitable for your boat
<input type="checkbox"/>	Self Rescue Device Suitable for Your Craft and the skill to use it. How will you get back into your boat after a capsized?
<input type="checkbox"/>	Hypothermia Emergency Survival Kit - Every challenge has someone flirting with hypothermia. Suggestion - See the article on making a hypothermia kit, but make sure your kit works for you.
<input type="checkbox"/>	Emergency Fire Starting Kit - These kits have been used in almost every challenge.
<input type="checkbox"/>	Paddling Clothes (for 50°F water and 32°F Gale Force Wind/Rain ranging to warm water and air temperatures in the 90's)
<input type="checkbox"/>	Compass, Watch, and Charts – A GPS is highly recommended.
<input type="checkbox"/>	Boat and Equipment Repair Kit
<input type="checkbox"/>	First Aid Kit
<input type="checkbox"/>	Sprayskirt or Spraydeck or Dry Suit -- If you are paddling a sit-on-top kayak or any open boat, you must have a paddling oriented dry suit (or the equivalent waterproof pants and jacket) along with suitable insulation under it and you must know how to use it safely. Otherwise you must have a sprayskirt or spraydeck. Open canoes should consult chapter 7 of Cliff Jacobson's book, Expedition Canoeing .

The following is a list of suggested equipment for marathon events as listed above (including any new marathon events that may be added in the future).

X	Marathon Suggested Equipment
<input type="checkbox"/>	<p>EPIRB/PLB An EPIRB is required for all full length challenges.</p> <p>Now that the small 406 style EPIRBs are available, that is the preferred model. But the ACR MiniB2 or similar is acceptable. An EPIRB/PLB should be considered a valuable life insurance policy (although nothing is guaranteed). But if you want to rent one, there are sites on the internet that will rent the new small model EPIRB/PLBs at reasonable cost. I suggest Google to find them.</p>
<input type="checkbox"/>	<p>System for Boiling Water and Cooking: Suggestion - Camping Stove, Fuel, and Pot</p>
<input type="checkbox"/>	<p>Shelter System: Suggestions - Tent, camping hammock, or bivy bag with waterproof bottom and breathable top. A tarp may be included but does not, by itself, satisfy the requirement. Note that tents used on chickees must be free standing. Note that some boats may qualify as a shelter.</p>
<input type="checkbox"/>	<p>Sleep System: Suggestions - Self-inflating or closed cell pad, sleeping bag or poncho liner, and dry clothing. The combination must be suitable for a range from 32°F Gale Force Wind/Rain to 90°F+ and bright sun or rain.</p>
<input type="checkbox"/>	<p>Camp Clothes (for 50°F water and 32°F Gale Force Wind/Rain ranging to warm water and air temperatures in the 90's) Note that camp clothes should be "sacrosanct" and <i>NEVER</i> used for paddling.</p>
<input type="checkbox"/>	<p>GPS (very strongly suggested) - Note that challengers using this event as training for the Eco-Challenge or Raid or another multi sport adventure race may decide not to use a GPS since most adventure races don't allow them. However, I suggest using the GPS in this challenge anyway but use it as a training tool for your dead reckoning by map and compass. The GPS will help make you a better navigator and boat pilot.</p>
<input type="checkbox"/>	<p>Strobe for your PFD - Do not use this strobe as part of your normal night time lights.</p>
<input type="checkbox"/>	<p>Food for the entire challenge duration</p>
<input type="checkbox"/>	<p>Water sufficient to get to the next checkpoint</p>
<input type="checkbox"/>	<p>Spare water in case you are weather bound for a few days</p>
<input type="checkbox"/>	<p>Street clothes and shower kit for the finish line</p>
<input type="checkbox"/>	<p>Rubber boat cradles and straps for transporting your boat on a rental car or friends car.</p>
<input type="checkbox"/>	<p>Hat for sun protection</p>
<input type="checkbox"/>	<p>Hat for foul weather</p>
<input type="checkbox"/>	<p>Hat for sleeping</p>
<input type="checkbox"/>	<p>Paddling shoes that protect your feet and ankles</p>
<input type="checkbox"/>	<p>Sunglasses</p>
<input type="checkbox"/>	<p>Sunscreen</p>

<input type="checkbox"/>	Bug repellent
<input type="checkbox"/>	Roll of quarters for pay phones when cell doesn't work
<input type="checkbox"/>	Some cash for emergencies
<input type="checkbox"/>	A credit card for emergencies
<input type="checkbox"/>	Off the shelf and prescription medications as necessary
<input type="checkbox"/>	Boat sponge
<input type="checkbox"/>	Sawyer Extractor added to your first aid kit
<input type="checkbox"/>	Hands free headlamp
<input type="checkbox"/>	IMPORTANT -- Other equipment and supplies that you deem necessary for safe and efficient coastal cruising in all kinds of weather and conditions on the water or land.